

# EXPLORE AND EXPERIENCE



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When I was small, I always dreamt of studying in another country and I was always curious about the teaching and learning environment of other countries. This was the reason why I decided to step out of my comfort zone and applied for an exchange program to study abroad. London was my first choice because of its enchanting culture.



Studying in London was one of the best moments in my life. The classes were well organised and students in the UK were never shy of asking questions. While many students in Hong Kong may be too reserved and preferred to hold back their opinions, students in the UK were willing to speak up and express their views. I was really amazed by their attitude because only by asking questions and challenging each other, one can acquire knowledge. The convenient access of teaching resources made my life easier, especially when I was having a hard time doing revision for the examinations.

The six-month period was not just about studying, I also got the chance to experience a lot. It was the first time that I stayed in another country for such a long period of time. Living in London transformed me to a more independent person. I had to cook by myself, do the laundry and take care of my personal finance



when I was in the UK. Life was not easy in the first few weeks and sometimes I had a horrible feeling that no one had my back. Luckily, I made some friends later. I was grateful that I could

meet the new friends because they were always there to support me. I really treasured the time we studied together and travelled together.

During my exchange study in the UK, I learned to appreciate different cultures. Before my exchange study, I seldom had time to appreciate the little things around me in Hong Kong as pace was too fast and studying was too stressful. While in the UK, I had more spare time to hang out with friends and travel around the city. It was nice having a relaxing afternoon in the Royal Parks, where I could leave everything behind and stop worrying about my future. It was also fantastic to visit the Tower of London and other museums to learn more about the British history. Acquiring knowledge was important when you were studying in the university, but it was equally important to learn how to enjoy your life.



London never failed to amaze me. Joining the exchange program definitely changed my life as I became more open-minded to embrace different values. The exchange program made my university journey more fruitful and I would continue to explore and experience!

“Experience is an expensive lesson,  
but only this way you can learn something.”  
—Hamilton the musical